URIC ACID IN MEAT

Says a Little Salts in Water May Save You from Dread Attack

Rheumatism is easier to avoid than to cure, states a well-known authority. We are advised to dress warmly; keep the

but drink plenty of good water.

Rheumatism is a direct result of eat-Rheumatism is a direct result of eating too much meat and other rich foods that produce uric acid, which is absorbed into the blood. It is the function of the with the gloves. Now I tell you they kidneys to filter this acid from the blood were very useful indeed. I had nothin and east it out in the urine; the pores of to smoke but the English stuff, which I the skin are also a means of freeing the do not like. I think it very kind of you blood of this impurity. In damp and sending some, Well, sister, I have just chilly, cold weather, the skin pores are been on a trip to London. I had a love-closed, thus forcing the kidneys to do ly time, I tell you, but it seemed so double work; they become weak and good to get back to civilization among sluggish and fail to eliminate the uric our own people.

At the first twinge of rheumatism get again. from any pharmacy about four ounces letter, as I have lots of mail waiting for of Jad Salts; put a tablespoonful in a answers which I found when I got back glass of water and drink before breakfast each morning for a week. This is said to eliminate uric acid by stimulating the kidneys to normal action, thus ridding the blood of these impurities.

Jad Salts is inexpensive, harmless, and is made from the acid of grapes and lem-on juice, combined with lithia, and is used with excellent results by thousands of folks who are subject to rheumatism. Here you have a pleasant, effervescent lithia-water drink, which helps overcome More particulars later. uric acid and is beneficial to your kid neys as well,-Adv.

PLAINFIELD

Mrs. Maria Duke, Nearly 101 Years Old, past week.

Pieced Center Block of Red Cross Quilt. Some of the Plainfield ladies who are church, and had to be taken home, where in the United States for a while, at any interested in Red Cross work have a quilt nearly completed. The center block was years old last May. Some of the cutting Saturday in honor of the young men who Bemis, started last Monday on the reason and sewing of several blocks were done have gone from that part of the town to turn trip to West Liberty, Ia., where and sewing of several blocks were done by Mrs. Fannie Buxton, aged 86 years, who is interested in this work and has knitted several helmets and stockings Montpelier seminary over Sunday. this winter for the Plainfield boys who are somewhere in France. It is hoped this quilt will realize quite a sum and it will be used for Red Cross purposes.

Junior High School Minstrel Show for Benefit of the Junior Red Cross.

The Plainfield junior high school, in response to Governor Graham's appeal to the schools of this state to help win tne war by joining the junior Red Cross, has done its "bit" by giving a minstrel show at the Plainfield opera house last Tuesday evening. The proceeds will be used to enroll the students in the junior Red Cross. The program was varied and afforded much amusement, as those who were present testified. A typical darky band, that pounded out the old familiar airs on anything from a wash tub to a inary. coffee grinder, figured largely. The presentation by the senior class of solos, rious accident when his horses ran away jokes and some local hits made a most recently. He overtook them before they favorable impression. Each class gave went far and got on the sled and, while ployed in a similar line of work. some special stunt, among these, the going through a cradle hole, the sled darky school, the Dinah dolls and Eparolle suddenly came up, hitting him in minondas attracted singular attention. The funeral of Kizzie B. Martin, wife of Allen Martin of Essex Junction, was believe the Sargent, Osgood & Roundy of Allen Martin of Essex Junction, was believe the Sargent, Osgood & Roundy company have a fine display at the antended of the sum of \$31.25 was taken at the door. Which it took several stitches to close The show was a great success, consider ing that the time given over for preparation did not exceed seven days.

EAST CORINTH

Walter S. Haynes has been doing some carpenter work in Worthley's store, made necessary by having the postoffice put in. Feb. 14 was a day to remember at H. A. Abbott's, when they gave a dinner party for his uncle, William Andrews, he being 80 years old that day. His friends remembered him with cards and other more substantial gifts.

Mrs. Scruton is serving as district nurse these days, coming in very handily to do up cuts, bruises and other

C. W. Jewell, jr., came near having received only a scalp wound. L. L. Worthley is in Burlington for a

Lucia Thompson is spending the week

end with her sister, Mrs. H. A. Abbott, from her school at Corinth Corner. Grace Thompson is to be in Lisbon,

chicken pie supper was served and they did not "go home till morning."

Well, Gene, that smile on your face when you were telling Bowen about that boy was really audible clear down here. That is a fact, not vivid imagination. We do not blame you. Congratulations, with a big "C."

W. A. Metcalf is on the sick list with a sore throat and other troubles

They say they have a vegetable out in California that writes, but it is a safe bet, whatever it is, that it doesn't apply its special talent to correcting the price marks to accord with any humble thing like a pocketbook.

CABOT

BRINGS RHEUMATISM Mrs. Ernest Smith Receives Letter from Brother in France.

The following letter was received last week by Mrs. Ernest Smith from her brother, "somewhere in France," upon his return from London:

Dear Sister Sophronia: This is the be-

January 20, 1918.

ginning of another new year and let are advised to dress warmly; keep the feet dry; avoid exposure; eat less meat, ended we will have peace upon this old but drink plenty of good water.

acid, which keeps accumulating and circulation through the system, eventually thing hardly. The way my back is now it think if 50 gets me he will have to ing stiffness, soreness and pain called get me pretty quick. Perhaps before this reaches you I will be in the lines

> from the line. It will keep me busy quite a while. I must say goodbye once more. With love and best wishes, hop-ing that it will not be long before we meet again.

Mrs. E. P. Walbridge received the sad intelligence Thursday morning that her sister, Mrs. Ina Tabor, had passed away at Fanny Allen hospital, where she un derwent an operation last Saturday.

Howard Pike of Montpelier visited his father Wednesday. Glenn Hatch was a guest of friends

brother, Arnold, in Northfield, Mass., the any time, but he will return to town and Orvis Boyles was suddenly affected not know his destination, but it is with heart trouble last Sunday while at thought he may be sent to some camp

he soon revived. A service flag containing five stars was pieced by Mrs. Maria Duke, who was 100 flung to the breeze at Lower Cabot last visit to his parents, Mr. and Mrs. C. A.

> serve their country.
> Miss Merna Walbridge was home from Ernest Peck was a business visitor in

Montpelier Monday. Mrs. Tilton of Danville is a guest at the home of her brother, W. L. G. Hoyt.

Walter Perry was a business visitor in Barre Saturday.

Harold Lance is taking a few days' vacation before commencing his second season of work at Charles Crane's. Peter Urban went to Fanny Allen hospital, Winooski, Wednesday, for an operation for hernia.

Dr. L. W. Burbank was called to St. Luther Rogers was a business visitor in Hardwick Saturday.

Clifton Rogers was in Montpelier Sunday to see his sister, Vera, at the sem-Willie Marsh narrowly escaped a se

The three young men who went from tives of Mr. Martin in this, his native here last week to different places in the town, is extended to him in his bereaveservice of their country were each fitted | ment. out by the Red Cross with pajamas, housewife and comfort bag. Seventeen The postoffice was moved from G. F. ladie were present at the last meeting. Cook's to Lester Worthley's store Sat- Mrs. Gertrude Wells gave a few interurday night. Mr. Cook is helping in the esting facts which she gathered from a new office until they get used to the meeting she attended in Boston, where there were several speakers.

WATERBURY

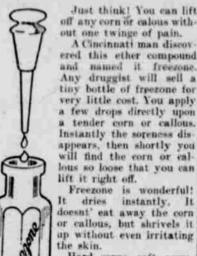
Fred A. Howland of Montpelier, state director of the war savings stamp fund, addressed a large number of gentlemen at Masonic hall Wednesday evening and when a large block from the carrier point that saving for these stamps meant be kept open two days in a week from struck him on the head. Fortunately he a lessening in other expenditures and 1 to 9 p. m. except for some unavoidable All were urged to take hold of any orcouple of days to see his brother, Irwin, at Fort Ethan Allen.

Lucia Thompson is spending the week probably will take hold of part of the work. The speaker was introduced by ... C. Whitehill and in ooth places he expressed his pleasure at being in Waterized in the schools and as in the other drives it is expected that this community will go over her share.

> CASTORIA For Infants and Children In Use For Over 30 Years Always bears

A Drop On a **Touchy Corn**

Instant relief! Then corn or callus lifts off with fingers



Hard corns, soft corns or corns between the toes, as well as painful callouses, lift right off. There is no pain before or afterwards. No soreness or ache twice.- Adv.

WILLIAMSTOWN

Dr. and Mrs. A. A. Cross are to be out n Craftsbury Sunday.

Vernon Dow has been visiting his had word to be in readiness to go at of town about a week. The doctor has stay until called into service. He does years, coming here in August, 1916. not know his destination, but it is Hugh I. Claffin came from Washington

> Don Bemis, who has been home on he will be employed on a farm.

Forrest Hutchinson enlisted at Barre not long ago to go into the service of the United States as a worker at shipbuilding, being the first one from town to

engage to go into this branch. J. Lindsay Winchester of Waterbury was at home with his parents over Sun-

day.

Miss Dorothy Chynoweth, who has been detained at home for some time by ill health, returned to her studies in the village school last Monday. G. F. McAllister & Co., have just load-

ed two cars of potatoes for Manchester. N. H., one leaving here Monday and one Tuesday. Don Staples went with the Johnsbury Saturday to see his brother. first car and Theodore Wilfore with the Harold Poor of East Brookfield went to Iowa with Don Bemis last Monday.

Mr. Poor took a course in dairying at

Burlington and has been employed as

official milk tester in an association in pathy of the many friends and rela-

Glen F. McAllister went to Manchester.

sweaters, helmet, hose, muffler, wristlets, N. H., the 20th on a business mission. that will be used in a concert that is to be given in March. Every member of the chorus is carnestly desired to be present at the next rehearsal in parlors of the Congregational church on Tuesday evening, Feb. 26.

Warnings have been posted for town meeting on Tuesday, March 5. Besides the usual articles of town business is one to see if the town will reseind the vote taken last meeting to use the Australian ballet avalance in town will reseind the H. S. Benjamin and Solomon Andrews later a gathering of ladies at the Minard home. He gave a clear statement of the Also one to see if the town will accept Wednesday. plan of the thrift stamps and certificates. a gift of \$2,000 from Mrs. Laura L. Ainstheir influence upon the people and in worth, the income from the same to be instilling saving habits, and the help to used for the support of the public lithe government, also brought out the brary on the condition that the same a lessening in other expenditures and 1 to 9 p. m., except for some unavoidable thus a saving of labor for non-essentials. reason.

WAITSFIELD

Mrs. Jennie Wiggin of Utica, N. Y. visiting her sister, Mrs. Irvin.

Charles A. Bingham, who was one of N. H., for the week end.

The farmers' meeting held at F. D. Hutchinson's Tuesday evening was an enjoyable affair, 36 being present. A chicken-pie supper was served and they shown in Mr. Howland's remarks. A Miss Celia Thayer died in Waterbury get in on the ground floor with that goodly amount in stamps have already been sold here. The work is well organ brought to Waitsfield and buried in the Citian." Irasville cemetery.
Owing to the high winds of Tuesday

and Wednesday, the school team on the common and the river route were both

blown over, Harold B. Wallis is home from Heaton

Theron Niell of Randolph, formerly of this town, is ordered to leave for France the immediate future. Mrs. B. L. Joslyn is caring for Mrs.

Mr. and Mrs. George Andrus were in

RANDOLPH

Bethany Church Held Annual Roll Call Wednesday Evening.

The annual roll call of Bethany church was held at the parish house on Wednes-day evening, with an attendance of about 175. A fine supper was served by the Bethany Guild, with the executive committee in charge and Bethany girls as waitresses. The program was as follows: Hymn, "My Faith Looks Up to Thee"; roll call by clerk, E. T. Salisbury, which 108 responded; piano duet, Miss Marcott and Miss Julia Cummings; hymn, "Rock of Ages," after which the different organizations of the church responded as follows: Bethany church, F. Any druggist will sell a Wilson; Christian Endeavor, Dwight Granger; appreciation of the choir, Rev. hair. Fraser Metzger: vocal solo, "The King. Miss Lucille Grant; Bethany Guild, Mrs. E. F. Emerson; missionary union, Miss Mary C. Tewksbury; piano solo, Miss Marcott; Y. M. C. A., Howard Holden; Bethany girls, Miss May K. Howe; prayer meeting, Rev. Fraser Metzger; vocal solo, "To My First Love,"

ed to \$106. Mrs. Janette Harwood, who died at the Mansion house on Monday evening, was one of twelve children of Capt Elijah Flint, formerly of Braintree, Only one of the family survives, Mrs. Lora smarting. Women should keep a tlay Michaels, who came from Spokane, bottle on the dresser and never let a corn Wash, to remain with her for the winter. The funeral was held at her late home on Thursday forenoon, Rev. Fraser Metzger officiating, and the remains were placed in the tomb. Deceased was the widow of the late Sherman Harwood. formerly of Braintree, who died over thirty years ago. She was a member of the Unitarian church in Buston, having resided in Cambridge, Mass., for many

on Thursday night for a short furlough extending to Monday, when he will return to resume duty. Alexander McLauren went to White

River Junction Monday, and enlisted as cum, N. Y., to be examined and mus-

William Dobie, for some time an effiient salesman in the E. A. Thomas store, was in Chelsea on Saturday and passed examination before the local board. Monday he and Joel Fifield were inducted into the signal corps service through M. C. Knight, chairman of the local board. They expect to report for duty at Fort Leavenworth, Kan., soon. Mrs. Marble, a former resident in town, came from Burlington Thursday for a few days' stay with old friends.

foundry of Sargent, Osgood & Roundy and gone into the store of J. H. Lamson & Sons, where he has employment. Mr. and Mrs. C. O. Mulburd of Colchester announce the marriage engage ment of their daughter, Ethel Bernice. to Max Crandall Wolcott, son of Mr. and Mrs. L. L. Wolcott, also of Colchester. Miss Hulburd is a graduate nurse of the

C. E. Kilburn had finished work in the

nurse, where she has found many

WORCESTER

Ellsworth Bates left Monday for White River Junction. Mr. and Mrs. V. A. Ainsworth were

Methodist vestry Wednesday evening and began work on three new choruses in Hardwick. Alice Ross returned the first of the week from Barre, where she had been

the past month. Rev. William Shaw, district superintendent, of St. Johnsbury conducted quarterly conference at the M. E. church Tuesday, Feb. 19. The North Montpener basketball team

played the locals at the union hall Sat were business visitors in Montpelier of

BRADFORD

Master Wilber A. Robb of the Craft district entertained the school on his birthday, Feb. 19, by giving a Red Cross party. Twelve substitute handkerchiefs were the result of the afternoon's work. Games and music, followed by lunch, were enjoyed by the children.

Gleanings and Gossip. If there is anything in a name, Rev

WHEN WEAK OR RUN DOWN ECKMAN'S ALTERATIVE

This is a Calcium preparation possessed of marked tonic value in addition to its remedial qualities. Contains no Alcohol. Narcotte or Hault-Forming Drus. \$2 size, now \$1.50. \$1 size, now \$8c. Price includes war tax. All druggiets. Bekman Laboratory. Philadelphia.

GIRLS! GIRLS! TRY IT! STOP DANDRUFF AND

Hair Stops Falling Out and Gets Thick, Wavy, Strong and Beautiful

Your hair becomes light, wavy, fluffy, abundant and appears as soft, lustrous and beautiful as a young girl's after a moisten a cloth with a little Danderine the war and mean to give of their best and carefully draw it through your hair. taking one small strand at a time. This will cleanse the hair of dust, dirt and markable. Representing some 400 an excessive oil and in just a few moments thors and artists the dinner was a pledge you have doubled the beauty of your that they would serve the nation with

Danderine dissolves every particle of dandruff; cleanses, purifies and invigorates the scalp, forever stopping itching time and fortunes of money, scattering and falling hair.

But what will please you most will be after a few weeks' use, when you will actual aristocracy of servile writers. The actually see new hair, fine and downy at proof that a democracy has but to show Lucille Grant, with encore, "So You Think It Was Wropg ?"; ten-minute talk, Rev. J. Frank Locke; parting words, Rev. Fraser Metzger; America; prayer and first yes but really new hair growing all over the scalp. If you care for pret-ty, soft hair and lots of it, surely get a op without even irritating benediction. The thank offering amount the skin. from any druggist or toilet counter for a few cents.-Adv.

TOPSHAM

P. J. McNamara was at Bradford on Mrs. N. E. Dickey still remains very oorly. She is not gaining as fast as her

many friends would wish. Mr. and Mrs. R. B. Cilley were at East Corinth last Tuesday Mr. and Mrs. Austin Johnson and five

children from Rumney, N. H., are spending several days at the home of Roswell

Charles White of Corinth was at the home of his father, H. B. White, last

Wednesday at the home of Mr. and Mrs. ohn Thompson at East Corinth. Mr. and Mrs. Raymond Page of Groton were at the home of Cleveland Hood last

James and Chauncey McKay were at West Topsham last Wednesday.

Miss Bernice Davis, who is teaching chool at Bradford, was a guest of Mrs Hattie B. Sawyer over Sunday. Mr. and Mrs. J. B. Smith were busi-

ness visitors at Groton on Wednesday. Mr. and Mrs. George Hall have received word from their son, Lewis, that he and Eugene Hood, who left montpelier on Wednesday evening for Vancouver Wash., arrived in Chicago at 2:30 Friday morning, and after a few hours' stop would take a sleeper for the remainder

SANFORDS

For Our Soldier Boys In Camp

For colds, chills and grip, cramps, pains, indigestion, touches of rheumatism and neuralgia, Sanfords is grateful and comforting and alin time that saves nine. When purchasing look for the Owl Trade Mark on the wrapper lest you get a cheap, worthless or dangerous substitute. Forty-six years the standard of purity, flavor and strength. Sold by all druggists and grocers.

Procrastination is the thief of health: Keep yourself well by

the timely use and help of

Used Cars

I have a few used automobiles that I have put in first class condition, and am sure that the prices will interest anyone wishing a bargain. Call at garage and look them over.

B. W. Goodfellow 69 South Main Street

THE VIGILANTES' PLEDGE.

The Vigilantes, the organization of writers who are giving their time and BEAUTIFY YOUR HAIR alents to the work of winning the war, Use "Gets-It," the Great Corn Discovery! gave a "wheatless-meatless" dinner to a hundred or more influential New York men at the Harvard club, recently. Because of a sudden illness Theodore Roosevelt, who was expected to make the address of the evening, was not able to be present. Others spoke and their words and beautiful as a young girl's after a and manner of speaking left no doubt Danderine hair cleanse. Just try this that the authors of America are back of

until it is won.

In many respects the dinner was re out pay and without reward until the Besides beautifying the hair at once, war was won. To secure the services of similar men of talent in Germany the German government had spent years of pensions and preferments, lifting men above their natural class and creating an the need and her literature and art vol-

America, though the war last a hundred years, cannot be beaten. She has the will to win and the men to write the words to strengthen that will by proclaiming patriotism, unpartisan and unmercenary, throughout the land.—i.llis Parker Butler.

there excuse for suffering from corns and corning in the pains.

"Gets-It" is sold at all druggists (you need pay no more than 25 cents a bottle), or sent on receipt of price by E. Lawrence & Co. Chicago, III.

Sold in Barre and recommended as the world's best corn remedy by Curmmings & Lewis.—Adv.

"Corn-Less Day"

for Feet, Every Day

Makes Corns Peel Right Off!

Look at the illustration below. See the two fingers peeling off a corn as though it were a banaus peel! And the man is smiling while he's doing it! All done painleasly, joyfully. The moment "Gets-it!" touches a corn or cal-lous the growth is doomed. It takes but two



"Gets-It," the Only Genuine, Thorough Corn Peeler Ever Discovered—Demand "Gets-It."

the need and her literature and art voi-unteer eagerly. Equally inspiriting was the evidence offered at the dinner that thousands of newspapers are eager to print the work of the patriotic writers, placing it before some 50,000,000 readers. An America that can draw to her aid such men and such media of communi-cating the words of such men is safe. America, though the war last a hundred years, cannot be beaten. She has the

PARK THEATRE

Vermont's Best Photoplay House Matinee, 2:15 and 3:30 - Tel. 613-W - Evening, 7 and 8:30

TO-DAY Extra Special Holiday Program, Washington's Birthday Thos. H. Ince's greatest achievement, the sensational,

spectacular production

The Zeppelin's Last Raid

featuring Enid Markey, Howard Hickman and all-star cast. A startling portrayal of the triumph of Democracy over Kaiserism. See: The Zeppelin in action; the inner workings of the mighty air monster; the bombing and burning of towns and vilages; a Zeppelin destroyed by fire in midair. No advance in prices. Attend matinee for seats.

> SATURDAY, FEBRUARY 23 WM. S. HART IN

Hell's Hinges

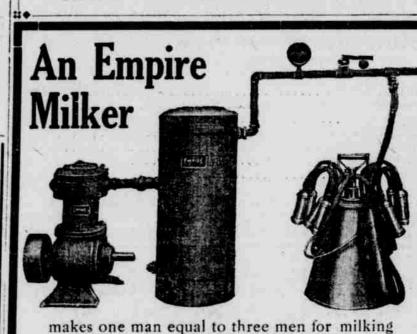
A "Reel Life" News Picture, a Cub Comedy and Bobby Connelly for the children. A fine program.

PRICES: MATINEE-Adults, Balcony Sc. Orchestra 10c; Children under 14 Years, Se EVENING-Balcony 10c, All Orchestra Sents 15c

The "Electric Shop"

Nothing but Electrical Supplies sold here. Agents for Thor Washing Machines.

Barre Electric Company
Tel. 98-W "For Your Electric Wants" Barre



cows. The busy season will soon be here.

B. DODGE, Agent

Barre, Vermont



Barre Opera House, Monday, Feb. 25

Harvey D. Orr Presents the Speediest of All Musical Comedies

here She Goes

THE BIGGEST NOVELTY AND DANCE SHOW OF THE SEASON 4 Magnificent Scenes 22 Song Hits 40 People 2 Big Acts A Million Dollar Chorus! A Show of Youth and Beauty!

Original Cast and Production with HARVEY AND HAROLD ORR The Imperial Quartette | GIRLS, GIRLS and GIRLS | Whirling Dancers

A \$2.00 Musical Comedy at These Prices: 35-50-75c-\$1.00 and War Tax